



# SHERRA GRASSER

CERTIFIED LIFE COACH/HOLISTIC NUTRITIONAL  
SPECIALIST/SPEAKER/FACILITATOR



Sherra is widely sought after for her expertise to shine on a light on the individuals strengths, gifts & talents within a group setting - empowering, motivating and inspiring participants. . An engineer of sort, she meets with organizations & companies to create hands on, interactive events to bring into the workplace or community, meeting the needs of the organization.

## PRESENTATION TOPICS- 90 MINUTES TO HALF DAY

- Living Life Fully Alive
- Building a High Performance Team
- Effective Communication in the Workplace
- Empowering Through Encouraging
- Discover Your Inner Hero

## SPEAKING/FACILITATING ENGAGEMENTS INCLUDE

- Boys & Girls Club- King County, WA
- Whidbey Health, Coupeville, WA
- Edmonds Community College, Edmonds, WA
- Lynden Chamber of Commerce, Lynden, WA
- WAEYC Conference- Washington Association for Education of Young Children, Tacoma, WA
- SCAEYC- Snohomish County Association for Education of Young Children, Snohomish County, WA
- MacDonald Miller Company, Seattle, WA
- IAAP-International Association of Administrative Professionals, Seattle WA
- Brain Injury Association, Edmonds, WA
- Seattle Life Coach Training, Seattle, WA
- Family Care Network, Bellingham, WA

## BIO

Sherra Grasser has spent years on her journey seeking her greater purpose & pursuing her passion- motivating and inspiring individual to "LIVE LIFE FULLY ALIVE". This greater purpose & passion, along with her personal life experiences is what fuels her coaching practice & speaking engagements. Having always been told she has "the gift to gab", Sherra has taken this God-given gift out into the world in a powerfu, fun & loving way. As a workplace retreat facilitator- "Sherra Speaks" & certified life coach, her message & approach to applying love in our daily life, starting with our self, will inspire & ignite you to "LIVE LIFE FULLY ALIVE".



## CONTACT INFORMATION

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*"We needed to motivate and entertain a diverse group of business professionals and Sherra delivered the inspirational and motivational talk were looking for. Her use of personal stories, humorous antidote's and on-point motivation was just what we were looking for a broad range of professionals, keeping them engaged, entertained and inspired!"*

*Gary Vis, Executive Director  
Lynden Chamber of Commerce*

*"Sherra is one of the very rare and amazing professionals who is highly skilled in her trade and at the same time deeply passionate about it. Whether on the phone or in person, she provides an environment for her clients that is safe and yet challenging."*

*Josh Mickley, Client*

*"Thank you so much for taking the time to speak at our Survivor's Circle Lupus Support Group. We absolutely enjoyed your energy and enthusiasm that kept us captivated. It wasn't just a typical lecture. It was a discussion. You allowed us to tap deeper into ourselves"*

*Kawanna Perine  
SAL Co-Founder*